

# Shrinkflation: The Impact of Package Downsizing on SKU Sales

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- Motivation
- Theory
- Data
- Methodology
- Results
- Discussion

# Motivation

## FINANCIAL TIMES

Brooke Masters MARCH 23 2022

Opinion Food & Beverage

Why 'shrinkflation' means you are paying the same for less

Companies are cutting corners on product size or limiting services to preserve margins as their costs rise



### **NEWS**

# France's Carrefour puts up 'shrinkflation' warning signs

By Lucy Hooker

Business reporter, BBC News

14 September 2023

## Bloomberg

# **Shrinkflation Is an Economic Monster Worth Watching**

When inflation strikes, retailers have a proven strategy to pass the costs on to consumers.

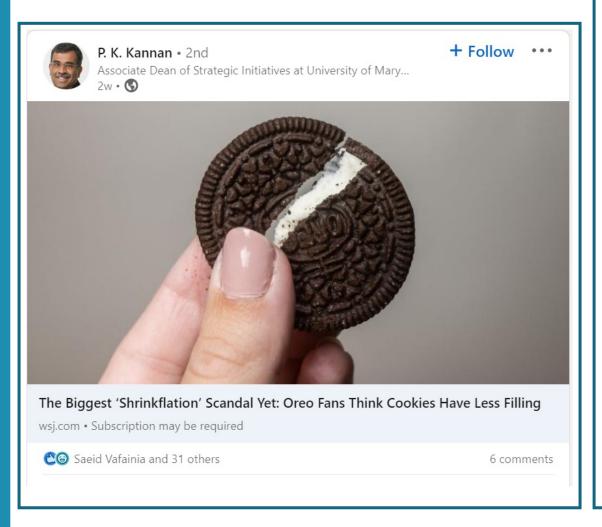
By Stephen Mihm

June 24, 2021 at 3:30 PM GMT+2



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Retailing in times of soaring inflation: What we know, what we don't know, and a research agenda

Marnik G. Dekimpe a,b,\*, Harald J. van Heerde c,d

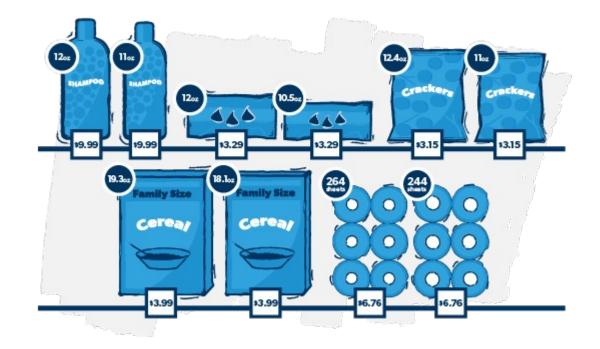
Shrinkflation. Rather than passing on cost increases through higher prices, firms can also opt to reduce the package size while holding the item price fixed. This indirectly increases the unit price (price per equivalent unit of measurement) by shrinking the package size, which has led to the term "shrinkflation". Firms often opt for this strategy when they expect consumers to be less sensitive or inattentive to changes in package sizes than to corresponding item price changes. Even though lab studies have found that con-



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# Agenda

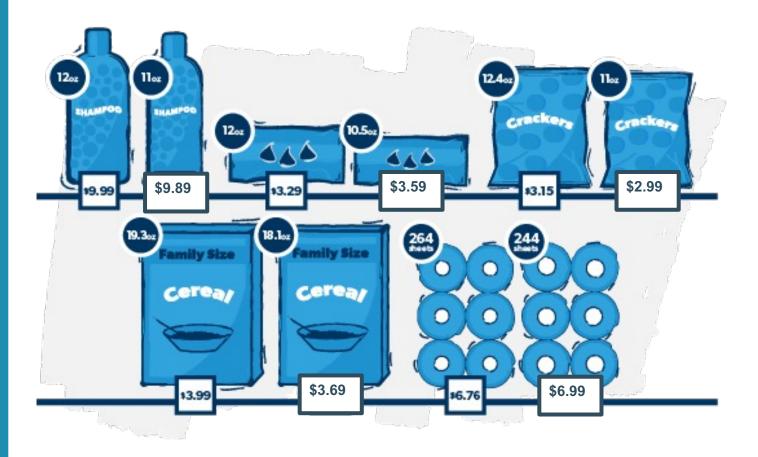
- What is shrinkflation (and what isn't)
- Research goal
- Theoretical context
- Outcome scenarios
- Data & methodology
- Results
- Implications





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# Motivation

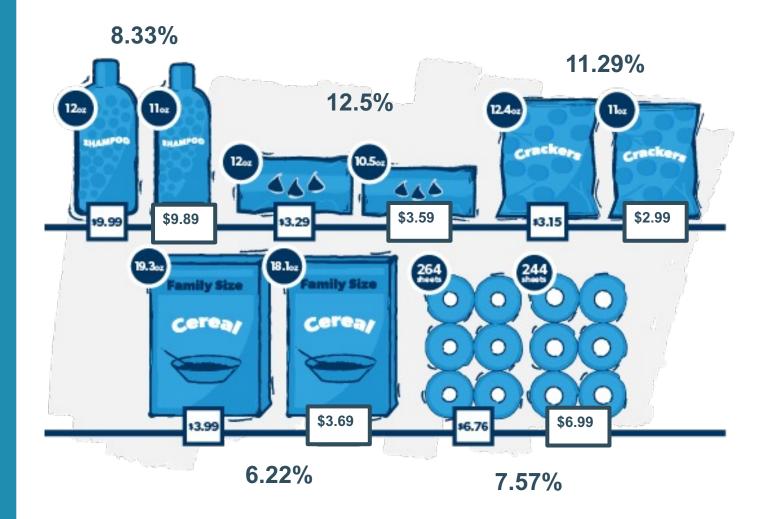


- 1. Subtle downsizing
  - Max. 33%
- 2. Replacement
  - versus addition
- 3. Price per volume unit increase



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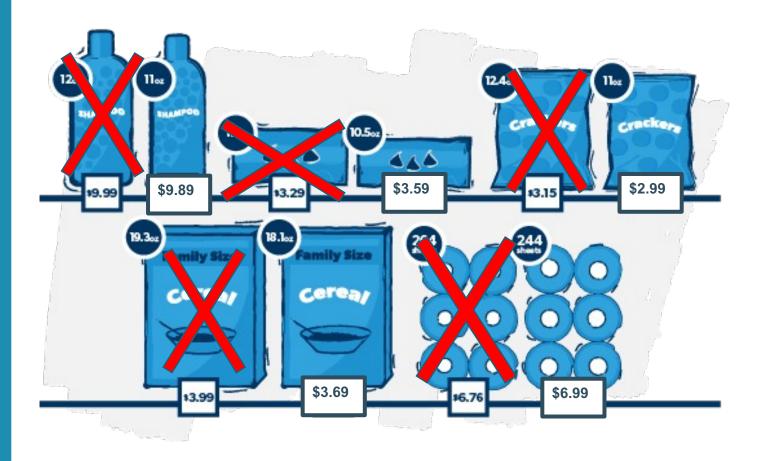
### 1. Subtle downsizing

■ Max. 33%



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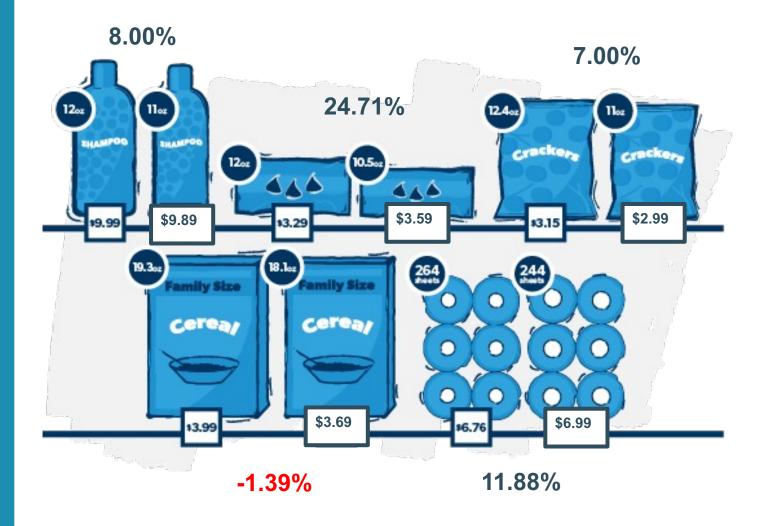


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# Motivation

### Shrinkflation

Product replacement

Fly under the radar

No added value for consumer

### Package size addition

Product addition

Marketed as increased variety

Added value for consumer



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# Research Questions

- 1. What is the impact of shrinkflation on **SKU performance**?
  - SKU sales
  - Volume sales
  - Value sales
- 2. Is the impact **dependent** on the **implementation** of the shrinkflation?
  - Change in SKU price
  - Change in volume
- 3. What is the **moderating** effect of **brand** and **category** characteristics on the impact of shrinkflation?





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# Theoretical context

### Package downsizing

- Downsizing additions may lead to more volume sold (Keller & Guyt, 2022)
- Underestimate actual package size changes (CHandon & Wansink, 2007)
- Consumers only notice a volume size decrease if large enough (= Weber's law of Just noticeable differences)

### Price increase tactics

- SKU price increase = negative reactions (Janakiraman et al., 2006)
- Consumers only notice a price increase if large enough (= Weber's law of Just noticeable differences)
- Consumers concentrate on SKU prices and not on volume unit prices (Homburg et al., 2005)





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# Theoretical context

### Shrinkflation as an effective price increase tactic

- + Higher sensitivity to price changes than volume changes (Kachersky, 2011)
- + SKU pricing as more diagnostic cue vs volume unit pricing (Homburg et al., 2005)
- + Do not breaching pricing/volume thresholds (= Weber's law of Just noticeable differences)
- + Consumers tend to stick to habits (Dijksterhuis et al. 2005)

### BUT

- Media exposure → consumer awareness (Dekimpe & van Heerde, 2023)
- If consumers are aware of shrinkflation, they find this unfair (Evangelidis 2024)
- More attention to volume unit pricing in store (Yao & Oppewal, 2016)





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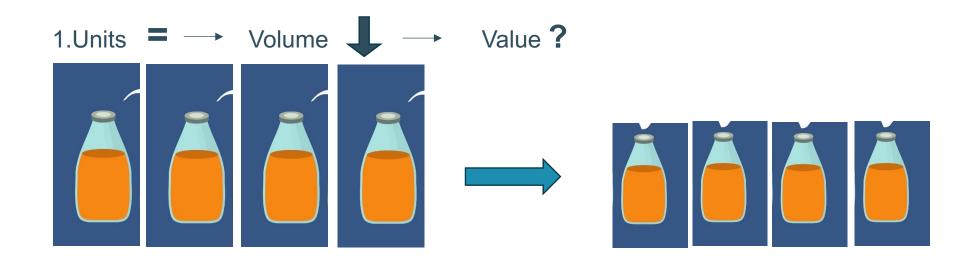
# Potential reactions to shrinkflation



### **EXAMPLE**

Household X purchases 4 bottles of 1,000 ml orange juice of a brand per week.

What happens if the bottle is shrinkflated from 1,000 ml to 900 ml?





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# Potential reactions to shrinkflation

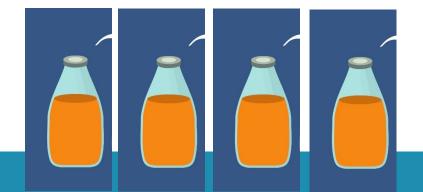


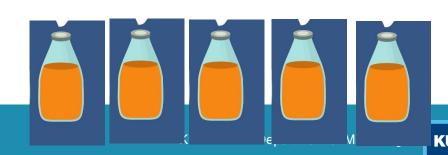
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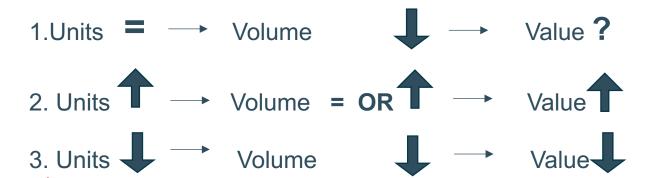
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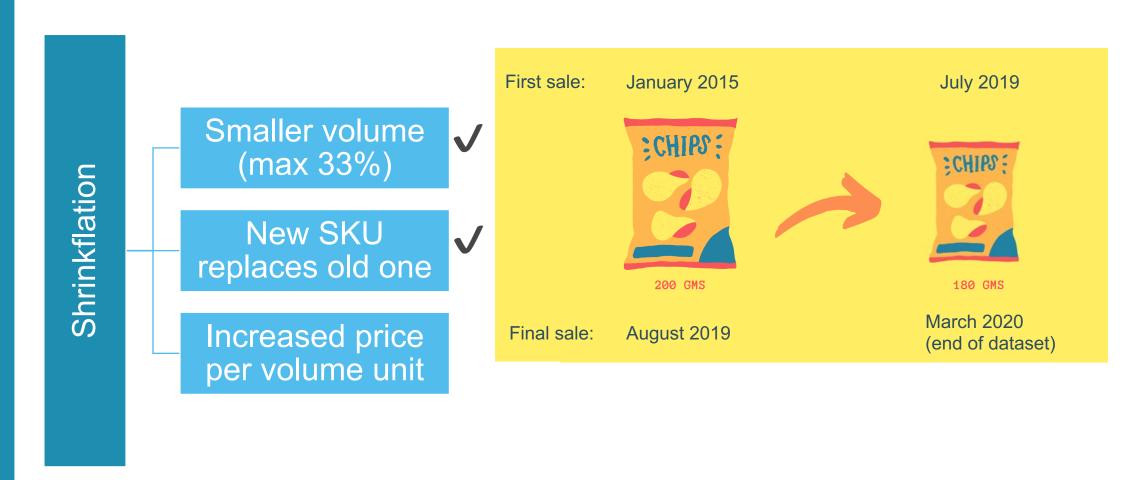




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# Data

Identification of shrinkflation cases

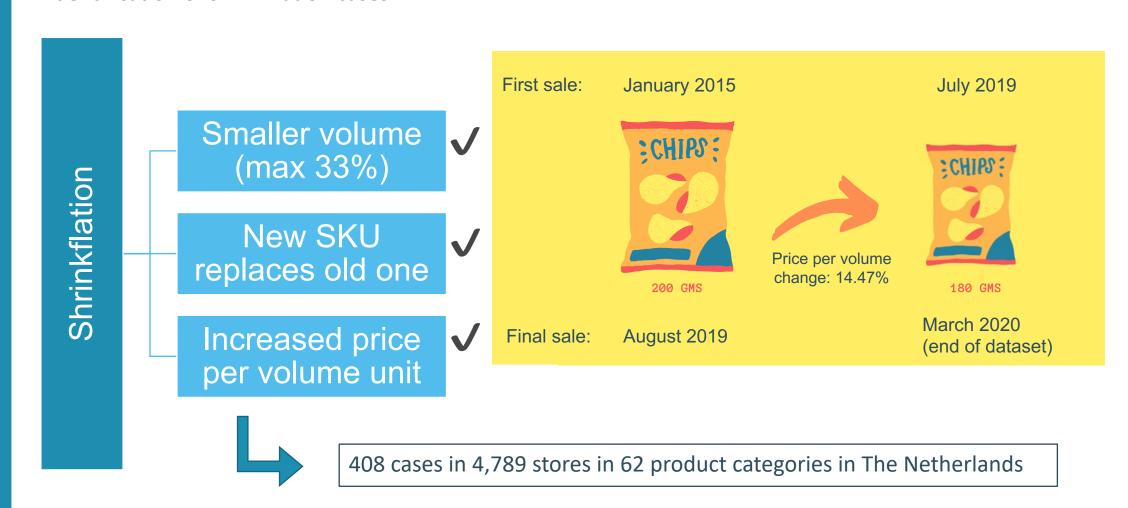




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Identification of shrinkflation cases





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# Sample description

	Total N	Min	5 <sup>th</sup> %	Median	Mean	95 <sup>th</sup> %	Max	Std dev
Panel A: Case	level							
Volume decrease	408	0.26	2	12.14	13.19	25	32.86	8.12
Private label	408	0	0	0	0.48	1	1	0.50
Original product size	408	0.01	0.04	0.3	0.41	1.24	2.52	0.43
Category expensiveness	408	2.68	3.04	3.90	4.08	5.36	5.39	0.69
Category usage frequency	408	2.32	3.06	3.80	3.98	5.21	5.52	0.66
Panel B: Case-store level								
SKU price increase	35,132	5.00	5.50	11.29	12.21	20.4 1	23.53	5.23
SKU price decrease	44,006	5.00	5.32	10.59	11.32	19.3 5	20.13	4.45
Private label	165,193	0	0	0	0.26	1	1	0.44
Shrinkflations last year	165,193	1751	1767	1941	1930.37	2080	2093	94.42

- 52% of the cases without price change = "pure shrinkflation"
- 21% of the cases with an SKU price increase
- 27% of the cases with an SKU price decrease



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# Sample description: top 15 categories

Category	n Cases	n case-store		
Sauces and mixers	54	43,957		
Laundry detergents	24	6,155		
Spreads and toppings (for bread)	21	7,699		
Chocolate	21	6,274		
Biscuits & cookies	19	10,876		
Savory snacks	16	10,421		
Snacks & peanuts	13	1,099		
Diapers	12	1,702		
Baking products & desserts	11	3,174		
Shelf-stable meals	11	3,739		
Ready-to-eat meals	11	5,233		
Fresh desserts	11	7,390		
Vegetable preserves (jars)	10	2,542		
Shelf-stable bread	10	2,567		
Tea	9	1,790		



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# Methodology

Fixed-effects model to capture effect of shrinkflation on performance SKU i in category c in store s during week t:

Variable	Description
Υ	Focal dependent variable (SKU sales, volume sales, value), year before and after each shrinkflation case
SHRINK	Dummy variable to signal shrinkflation introduction (step dummy)
CASE CHARACTERISTIC	Percentage SKU price increase/decrease, percentage volume decrease, original volume
BRAND CHARACTERISTIC	Private label (vs national brand), brand size assortment (number of unique package sizes)
CATEGORY CHARACTERISTIC	Expensiveness, usage frequency, number of shrinkflations is last year
CONTROL	Price, promotion depth, size assortment at SKU, brand, competitors + overlap dummy variable



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# Results

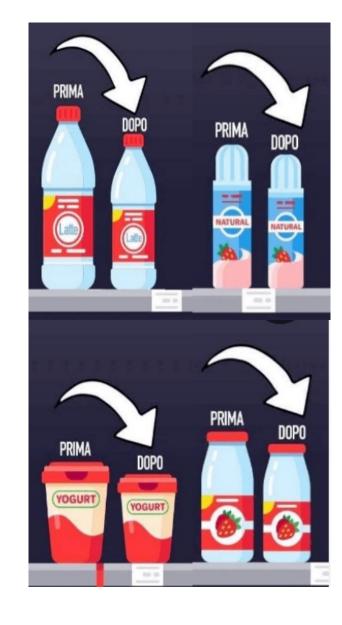
Table 3: Results	SKU Sales			Volume Sales			Value Sales		
	estimate	p-value	SE	estimate	p-value	SE	estimate	p-value	SE
Main effect									
Shrinkflation	0.157	0.000	0.004	0.048	0.000	0.003	0.078	0.000	0.004
Moderators									
Shrinkflation Case Characteristics									
Shrinkflation × volume decrease	0.002	0.324	0.002	-0.067	0.000	0.002	-0.054	0.000	0.002
Shrinkflation × SKU price increase	-0.000	0.395	0.001	0.003	0.000	0.000	0.005	0.000	0.001
Shrinkflation × SKU price decrease	0.003	0.000	0.000	0.001	0.320	0.001	-0.001	0.011	0.001
Shrinkflation × original SKU volume	0.011	0.000	0.002	-0.002	0.236	0.002	0.001	0.588	0.003
Brand Characteristics									
Shrinkflation × private label	-0.006	0.021	0.003	-0.001	0.754	0.002	-0.003	0.251	0.003
Shrinkflation × brand size assortment	0.011	0.000	0.001	0.010	0.000	0.001	0.011	0.000	0.001
Product Category Characteristics									
Shrinkflation × expensiveness	-0.007	0.667	0.017	0.048	0.001	0.015	0.020	0.275	0.018
Shrinkflation × usage frequency	-0.022	0.250	0.019	-0.047	0.001	0.016	-0.0120	0.558	0.020
Shrinkflation × shrinkflations prev year	0.005	0.000	0.001	0.003	0.000	0.001	0.005	0.000	0.001
Control variables									
Price per volume unit	-0.717	0.000	0.015	-0.823	0.000	0.013	-0.062	0.000	0.014
Promotion depth	0.352	0.000	0.001	0.329	0.000	0.001	0.253	0.000	0.001
Brand promotion depth	0.053	0.000	0.000	0.050	0.000	0.000	0.041	0.000	0.000
Brand size assortment	-0.007	0.000	0.001	-0.006	0.000	0.001	-0.007	0.000	0.001
Competitor price per volume unit	0.0960	0.000	0.015	0.101	0.000	0.013	0.097	0.000	0.016
Competitor promotion depth	-0.003	0.000	0.000	-0.003	0.000	0.000	-0.003	0.000	0.000
Competitor size assortment	-0.078	0.000	0.006	-0.079	0.000	0.005	-0.078	0.000	0.006
Shrinkflations prev year	-0.005	0.000	0.001	-0.004	0.000	0.001	-0.006	0.000	0.001
Overlap	0.025	0.000	0.003	0.032	0.000	0.002	0.070	0.000	0.003
Fixed effects									
Case-store	$\checkmark$		✓		✓				
Category-week	$\checkmark$			✓			✓		
Chain	$\checkmark$			✓			✓		
Observations	15,089,508		15,089,508			15,089,508			
S.E. clustered by		Case-store		Case-store			Case-store		
R-squared		0.4203		0.6783			0.3889		
Within R-squared		0.0358			0.0496			0.0172	



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# Results

- Shrinkflation increases sales AND value!
  - 15.7% more units
  - 4.8% more volume
  - 7.8% more value
- How to implement shrinkflation (in terms of value):
  - A small decrease in volume
  - A small increase in SKU price
  - No decrease in SKU price
- Thresholds for consumers to notice changes in price and changes in size (Weber's law)
  - Average decrease in volume: 13%
  - Average increase in SKU price: 12%
  - Average decrease in SKU price: 11%





# For which brands and categories?

- Habitual behavior:
  - Expensiveness category (+)
  - Usage frequency category (-)

- Likelihood to notice the shrinkflation:
  - Original package size (+)
  - Private label (-)
  - Brand size assortment (+)
  - Number of shrinkflations in the category (+)



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# Discussion

Shrinkflation = effective price increase tactic

Increase in sales (unit and volume) and value

Effectiveness depends on case, brand, category characteristics

- Consumer awareness
- Habits

### Consumer welfare

- Pay more for less without realizing
- Shrinkflation warning labels







# Thank you!